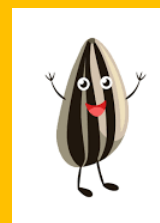




Some of our Grade 1s on their First Day!: Bo, Olive, Kinsley, Fox, Liam, Val, Liam.



The Sunflower Seed

Sept 25, 2026

Our School Focus: Literacy

Every Child Matters

Truth & Reconciliation

On September 29, we will come together for a meaningful day of learning on the land at the NK'Mip Desert Cultural Centre in Osoyoos, in acknowledgement of National Day for Truth and Reconciliation. We are grateful for the opportunity to spend this time together in a place that invites us to listen, learn, and deepen our understanding of Indigenous histories, cultures, and lived experiences. This shared experience is an important part of our ongoing journey toward truth and reconciliation, and a chance to reflect on how we can carry what we learn forward in meaningful ways.

Attendance is Important 😊

Regular school attendance plays an important role in a child's learning, development, and overall success. Every school day provides opportunities for students to learn

new skills, build friendships, participate in activities, and develop positive routines.

When children attend school consistently, they are more likely to keep up with lessons and understand new concepts. Even a few missed days can make it difficult to catch up, particularly when lessons build on what was taught previously. Regular attendance also helps children develop responsibility, punctuality, and a positive attitude toward learning.

School is about more than academics. Daily attendance allows children to take part in classroom discussions, group activities, sports, special events, and social experiences that help them grow in confidence and develop important life skills.

Parents and caregivers play a key role in supporting good attendance. Establishing regular morning routines, preparing for

school the night before, and communicating with the school when a child is absent can make a meaningful difference.

Of course, children should stay home when they are genuinely unwell. However, whenever possible, making school attendance a consistent priority helps children make the most of their educational experience.



Coming Up:

Sept 29: NK'Mip Desert Cultural Centre (whole school)
Sept 30: National Day for Truth & Reconciliation (no school)
Oct 1: Individual School Photos
Sept/Oct: Field trips to Hardy Falls (various dates)
Oct 5- Four classes to Ashnola
Oct 8- District Cross-Country Run – we host!
Oct 9- Harvest Gathering 11:00 Grist Mill
Oct 16- Okanagan Similkameen Day @ TEN



Parenting Anxious Kids

For Modern Families
Explore Strategies for Managing Anxiety and Separation Anxiety in Children



This is a collaborative program with: Lower Similkameen Community Services Society, Child & Youth Mental Health, SDS's and Cawston Primary School.

- ✓ Interactive Parenting Workshop
- ✓ Empower Parents/Caregivers & Kids
- ✓ Access to Resources

For more information:

Call: 250-499-2352 ext. 108
Text: 250-499-6320
Email: fsp@tscss.com



Ministry of
Children and Family
Development



END OF SEASON COMMUNITY BBQ

MON SEPTEMBER 28
4PM - 7PM

@ ntámíqən gardens (1425 BC-3, Cawston)

fresh-grilled BBQ and garden harvest meal
prepared by many hands, led by a red-seal chef



ALL-AGES, OUTDOOR, FREE EVENT

