

Dance party with all our friends from every class! (Hunter and Marius at front)

The Sunflower Seed

October 30, 2026

Our School Focus: Literacy

Exciting News!

Hot Lunch Program

Many of our families access the hot lunch program for students. This year, with funding from Feeding Futures and National School Food Program, along with a separate grant we received to replace our kitchen appliances, we are able to reduce the daily cost of our hot lunch program: $3.00 down from $4.50. This change is reflected on the upcoming lunch menu and order.

Fry Bread Fridays

Today was the first opportunity to enjoy fry bread made in our own kitchen by Ms O and Ms Whitney (from SESS). This year, when fry bread is offered, it will be at no cost to students. Ms O is very happy to make this little treat more accessible to all students.

Bus Business

Last Tuesday, all of our students got to board buses and learn about all of the important ways to keep ourselves safe when riding the bus. This includes keeping hands to yourself, staying seated, keeping our volume down and not throwing any objects. In addition, we learned how to safely evacuate the bus if ever needed.

Riding the bus is a privilege that we don't ever want our student to lose. Our bus drivers have to be sure the environment of their bus is safe and respectful at all times. It would be greatly appreciated for families to follow up with children at home- ask them about what they learned with our bus drivers last Tuesday.

4R Families

We are planning our "Christmas shopping at school", 4R Families, event to take place the week of December 7th. Donations of items will be welcomed at our school (drop off in the foyer) the week of November 30th. As we have very busy learning spaces, please do not bring donations to our school prior to November 30th.

Items happily accepted include toys, giftware, and household items. Please do not send electronics (like TVs), food items, or furniture.

Read All About it!

Our Home Reading program is in full swing. Students who are checking out these books each morning are showing growth in their independent reading levels.

We have just wrapped up the grade ½ Sight Word Blitz. Constable Pam was one of our regular volunteers for this program and she reports that it was a great way to reinforce those sight words, one of the foundations of learning to read.

Next week, our grade ¾ classes will begin a new literacy project. Most students will have time with a different teacher than their usual classroom teacher. Ask your child who is leading their group!

Feya helping out with the harvest at ntámłqən community garden, a place we are visiting every Wednesday morning.



Nov 2 – Photo retakes (AM)
Nov 8 – Indigenous Veterans Day
Nov 10 – Remembrance Day assembly, 9:00
Nov 28 – 12:00 dismissal (Inquiry)
Nov 11 - Remembrance Day (no school)
Nov 17 – PAC mtg, library, 5:30











